

# BRONX *Times*

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## AFC Urgent Care expands in Throggs Neck

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AFC Doctors Express Urgent Care has more than doubled the size of its Throggs Neck facility.

**By Robert Wirsing**

A popular Throggs Neck walk-in medical clinic is undergoing ‘reconstructive surgery’.

On Thursday, September 27, Simone Development Companies announced American Family Care, formerly AFC Doctors Express, a national leader bringing urgent care services to retail properties, more than doubled its lease to 5,500 square feet at the Throggs Neck Shopping Center.

The clinic will feature six new exam rooms, additional providers and staff, a second nurse’s station and laboratory for the new wing, a conference room for staff meetings and training sessions, offices for providers and administrative support staff and storage to house increased medical supplies.

“With Baby Boomers using more health care services than ever and Millennials starting their own families, the old health care delivery models have changed and shopping malls are increasingly meeting the needs of progressive care providers like AFC Urgent Care who enjoy the location, ample parking and wealth of amenities they provide to complement this growing health care sector,” expressed Joseph Simone, Simone Development president.

Founded in 2005, AFC Doctors Express merged with American Family Care in 2013 expanding its well-known urgent care, minor emergency treatment and occupational medicine.

All nationwide AFC Doctors Express locations will now be renamed 'AFC Urgent Care' to take full advantage of the world-class network's benefits.

Despite its new name, the walk-in clinic's quality healthcare services for all ages will remain unaltered.

"With more exam rooms, we hope to be able to see more patients at any given time to meet the demand of the community," said Dr. Michael Tugetman, medical director. "We are committed to providing the best quality medical and customer care to all of our patients with minimal wait times as much as possible."

Conveniently scheduled, the clinic is open weekdays 8 a.m. to 10 p.m. and weekends 8 a.m. to 8 p.m.

Its highly trained, board-certified physicians and team of medical professionals provide fast, affordable quality urgent care in treating non-life threatening illnesses and injuries with no appointment or referral necessary.

Most insurance plans including Blue Cross, Aetna, United Health Care, Cigna, Medicare, Medicaid and many Affordable Care Act plans are accepted.

The 843 Hutchinson River Parkway facility's digital x-ray and full lab provide comprehensive diagnoses of several illnesses and medical conditions.

AFC Urgent Care also tests for STDs, strep throat, mono, hepatitis, the flu, TB, drugs and alcohol abuse, glucose levels and pregnancy among many others.

The urgent care franchise treats and diagnoses colds and the flu; asthma; allergies; pink eye; back, joint and muscle pain; cuts, bruises and burns; breaks and fractures; rashes and other skin irritations.

"With the increased space, we have the capacity to nurture our relationships with employers in the community in terms of providing occupational health services such as pre-employment physicals, annual physicals, drug screen, breath alcohol tests, respiratory fit tests and worker's compensation," explained Umar Minhas, center administrator.

For further information, contact AFC Urgent Care at (718) 925-4400 or visit [www.afcurgentcarebronx.com](http://www.afcurgentcarebronx.com).

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